

Bay Cities RCM Report Of the Southern California Regional Service Conference (SCRSC)

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Meetings: January 2026 / February 2026

Purpose of the SCRSC: primarily to serve the Areas within the Southern California Region Narcotics Anonymous (SCRNA), and to contribute to the growth of NA; both, by initiating much of the work to be finalized at the World Service Conference (WSC), and by helping to support Narcotics Anonymous World Services (NAWS). To ensure that this purpose is carried out, the SCRSC has committees responsible to those they serve through the SCRSC. Committees carry out their work in accordance with the 12 Traditions of NA and the 12 Concepts of NA.

To Amber: I want to sincerely thank you for your leadership, guidance, and mentorship; through your unwavering commitment to service, Bay Cities Area has been strengthened, and I step into this RCM role with clarity, humility and a solid foundation because of you. -Deb L.

Key Updates from the Region

- The Regional Treasurer presented the 2026 RSC budget summary, answered questions, and the budget was approved by the RCMs.
- Treasurer Request: When sending donations to the Southern California Region (Zelle, Venmo, or mailed checks), please include the Area or Group name in the memo line so it can be recorded correctly in the monthly financial report.
- Regional Committees: PR/Phonelines/Website, Activities, Cruise, Convention, H&I, LGBTQ+, SBTW, Youth, and the WSLD 40 working group all gave reports. Bay Cities committee chairs at the ASC meeting should highlight any regional information, announce events, and request volunteers or feedback as needed.
- The Regional Youth Committee is updating the regional meeting directory to include “YF” or “YP” codes for meetings that are more likely to attract youth and support the needs of younger members. Teens look for spaces where they can be honest without feeling judged. This collaboration will help the Department of Child Services and the Orange County Sheriff’s Office direct youth to appropriate NA meetings. See Appendix for more meeting codes details.
- Foothills Area voted to remain in the So Cal Region (and not change to CIRNA).
- The todayna.org Website Chair requested that each regional committee designate one person (Chair or Secretary) to submit updated, approved Guidelines for posting. Multiple versions from different members led to incorrect version uploads.
 - For Bay Cities, this serves as a reminder to establish a simple, consistent process for submitting documents to www.baycitiesna.com so meeting changes, activities, and Guidelines are posted accurately.

Guideline Reviews-

- Most Regional Committee Guidelines have already been approved; a few committees are still submitting their Guidelines for SCRSC approval.

- The revised 2026 Regional Activities Committee Guidelines were approved.
- The SCRSC Guidelines review is underway virtually. Upcoming review dates: 2/8 and 2/22 at 10am, with a March date TBD. Zoom ID: 202 100 1953 / Passcode: 232323.

So Cal Regional Assembly Workshop (SCRAW)-

- **SCRAW** was held on February 7 in Northridge. Nearly 100 RCMs, GSRs, Area subcommittee chairs, NA members, and trusted servants attended the all-day workshop. The purpose of SCRAW is to help GSRs and RCMs guide their Groups and Areas through the Conference Agenda Report (CAR), including CAR motions, Issue Discussion Topics, and Q&A on the overall process.
- Action items are required from GSRs. See “What GSRs Need to Do” and the Appendix for CAR details. The full CAR is available at na.org/conference.

Service-Focused Initiatives

Western Service Learning Days (WSLD 40)-

- WSLD-40 is October 16–18, 2026 at the Burbank Marriott, offering four workshop tracks: GSR/RCM Basics, H&I/PR, Innovations & Creativity in Service, and Spanish. This is the first time the event has returned to Southern California in 10 years.
- Areas are encouraged to send at least four attendees. To strengthen ROI, funded participants should provide a written report and re-present a workshop.
- BCASC Planning: Decide who to send and how much to budget. Early-bird rate is \$30 each when purchasing 5+ registrations through April.
 - 5 registrations = \$150 & 10 registrations = \$300
- A Self-Support Event is recommended to help offset training costs.
- Travel/Logistics: Carpooling is encouraged. Attendees may want to stay Friday night and share rooms to avoid early-morning parking and 7am check-in on Saturday.
- Past WSLD events consistently re-energize trusted servants. Areas are asked to begin planning now so members can attend and return ready to serve.
- Register at wslid.org or todayna.org. Contact: Steve S. (951) 515-3840, chair@socal-wslid.org.

Western States Zonal Forum-

- The Regional Delegate reported that the WSZF functions as a service-focused workgroup that supports Regions and Areas in strengthening their service skills through workshops, mentoring, service materials, videos, and guidebooks.
- The So Cal Region has received significant support from WSZF in recent years.
- Bay Cities committees interested in mentoring or a specific workshop topic can let me know, and I will help coordinate next steps with WSZF.
- See the Appendix for examples of useful service topics, or visit wszf.org.

Area-Relevant Actions

- An Activities ad-hoc will meet on 3/4/2026 at 6:30pm at the RSO in Monrovia to plan the July 11, 2026 SCRNA Birthday Celebration. Bay Cities is invited to consider hosting. If interested, Area Activities should begin discussions with the SCRSC on next steps.

- In January, Amber and I submitted the requested Bay Cities Area summary to the SoCal Regional Delegate, including the number of groups, weekly meetings (virtual, hybrid, in-person), and our Area’s needs and strengths. The RD will include the So Cal Region summary in their February report to the Western Zonal Forum for use at the WSC in May.
- RSC Audit Ad-Hoc (proposed): An ad-hoc will be formed to determine how an Audit Committee would function and whether it should remain temporary or become a Standing Committee. Members with check-signing or financial roles will not serve. The ad-hoc will also review whether regional Guidelines allow participants from other regions and define committee composition. The intent is to strengthen clarity, transparency, and accountability. Discussion will continue at future RSC meetings.
- YAP - the RSC will create an ad-hoc for the So Cal Region to explore YAP more deeply. A member from the regional website or phone lines will serve as Chair. The Regional Website Committee currently manages YAP due to the backend technical details. They are working with the Western Zone to confirm status for use across the So Cal Region. Some Areas already use ZAP, but not all have updated meeting data tied to zip-code searches. This remains a work in progress. Region Website is asking Areas about interest; Bay Cities already expressed interest in Fall 2025 and are awaiting further instructions as the system develops.

Conference Agenda Report (CAR) –

The CAR compiles motions and discussion topics considered and voted on at the World Service Conference, informing the worldwide NA fellowship about its future direction. The CAR Survey is the means by which we, as a fellowship, choose/prioritize which recovery literature or service material to create and/or revise, and which Idea Discussion Topics (IDTs) to adopt for the cycle. It appears that the fellowship needs more discussion on the issues of gender neutral and inclusive language, and on how we address addicts coming to us on MAT/DRT.

Motion 1—To approve the revision of IP #21, Staying Clean in Isolation.

Motion 2—To adopt the collaboratively created 2026–2029 NA World Services Strategic Plan contained in Addendum B.

Motion 3—To approve changes to the World Convention of NA guidelines.

Motion 4— To direct the World Board to create a project plan for consideration at WSC 2029 to research and explore the opportunities and obstacles of providing book length pieces of NA literature to the incarcerated, on tablets.

Motion 5— To direct the World Board, to implement artificial intelligence (AI) interpretation solutions for WSC meetings to replace human live language interpretation.

IDT’s (Discussion Topics)

New & Revised Recovery Literature / Service Material, and Issue Discussion Topics

Discussion questions – DRT/MAT as It Relates to NA: Helping Members Take Root

Discussion questions – Gender-Neutral and Inclusive Language in NA

CAR Voting Process-

- The Area formulates its group conscience from the Group input obtained by GSRs.
- RCM’s have until April 1 to submit their Area’s group conscience to the Regional Delegate.

- The RD's for each region bring the conscience of that region to the WSC in May 2026.
- In the Appendix I have included a high-level excerpt of the motions and IDT's. The full CAR report is available at www.na.org/conference.

What GSRs Need to Do

- Review the 5 CAR motions and the CAR Survey with their Group.
- Gather a group conscience on each motion and each discussion topic (most do this by group vote, but each Group is autonomous).
- Bring the Group's conscience to the March 27 ASC meeting.
- Encourage members to complete the CAR Survey (3 short parts, 1–3 minutes each), open until April 1 at <https://na.org/naws-projects-and-surveys/>.
- Share information about WSLD-40 with your Groups. Service participation is down, so please encourage at least one member interested in service to attend on Saturday, October 17. Consider asking the Group to help cover the day's registration and parking (approx. \$50).

What Your Groups Need to Know

- SCRNA Birthday Celebration – July 11, 2026. Venue search and an Area host are underway; details to come.
- CAR Survey. Encourage members to participate. Three short sections (1–3 minutes each). This year emphasizes member-level input to help shape the next WSC cycle.
- Youth Committee. Seeking a Vice Chair; Secretary position is filled. Meets 1st Sunday at noon on Zoom. Planning the 8/22/26 “Clean Not Dead” event at Bolsa Chica Beach.
- Phone Lines / YAP: Please share with your meetings the YAP resource - call or text your zip code to (213) 306 - 1153 for a list of meetings near you.
- Regional Website Committee. Needs a Vice Chair to support logistics and workload. Areas are asked to identify a trusted servant willing to serve.
- Regional H&I Learning Day – May 9. 12–4pm in Garden Grove. Free BBQ, bingo, and H&I workshop. Contacts: Shiloh F (818) 749-0975 or Cristi D (714) 818-9572.
- Public Relations. Needs support with social media outreach. Collaborating with H&I on WSLD 40 workshop programming, including Professionals Day on 10/16/26. Meets 1st Saturday at 12pm (Zoom ID: 992 066 20344, PW: 990851).

Notes & Follow Ups:

- GSRs and Area Trusted Servants can submit questions or items by email to rcm@baycitiesna.com any time. If you have an action item, I'll need them a week or more ahead of the RSC meeting to allow time to research or get clarification for my understanding.

Next Meeting of the RSC:

- Regional Service Conference meets on the third Sunday at 1:00 pm. These are Hybrid meetings. [Zoom: ID 202 100 1953 PW: 232323]. Or in person at the RSO, 1937 S. Myrtle Ave., Monrovia, CA 91016.
- All SCRSC meetings are open to any member of NA as a non-participant observer but are closed to the general public.